Predicting spin-spin coupling patterns in NMR spectra

1. Each chemically different magnetic nucleus or set of nuclei will give rise to a peak or multiplet in an NMR spectrum. The multiplet will be symmetrical about its centre. e.g. in PF_{5r} the ³¹P nucleus will give rise to a multiplet and the equivalent (under thermal conditions) ¹⁹F nuclei will give rise to a second multiplet.

2. Coupling of a magnetic nucleus A to N equivalent nuclei with spin I will split the signal from A into a multiplet consisting of 2NI+1 peaks. A few examples:

- i) Coupling to a single ¹H nucleus will split the signal into 2x1x + 1 = 2 peaks.
- ii) Coupling to 3 equivalent ¹H nuclei (e.g. the protons in a methyl group) will give a multiplet consisting of 2x3x // + 1 = 4 peaks.
- iii) Coupling to 2 equivalent deuterium $({}^{2}H)$ nuclei (I = 1) will split the signal into 2x2x1 + 1 = 5 peaks.

3. The relative peak intensities for multiplet peaks arising from spin-spin coupling of a nucleus to N equivalent nuclei can be determined using Pascal's triangle:

i) Coupling to spin-½ nuclei. 1	
$ \begin{array}{rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$	coupling to first nucleus (N=1, doublet) coupling to second nucleus (N=2, triplet) coupling to third nucleus (N=3, quartet) coupling to fourth nucleus (N=4, quintet) coupling to fifth nucleus (N=5, sextet) etc
ii) Coupling to spin-1 nuclei	
$\begin{array}{rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$	coupling to first nucleus (N=1, triplet) coupling to second nucleus (N=2, quintet) coupling to third nucleus (N=3, septet) coupling to fourth nucleus (N=4, nonet) etc

4. To work out the multiplet pattern for the signal from a given type of nucleus, splittings from spin-spin coupling with surrounding nuclei must be applied consecutively.

e.g. Proton NMR of CH₂FCH₂CH₃

The CH_2F protons will be coupled to the F nucleus (spin-½) through 2 bonds, and to the CH_2 protons through three bonds. Four bond couplings to the CH_3 protons can be ignored. Each of these CH_2F protons is spin-spin coupled to the other proton in the group, but this does not lead to a further splitting because the two protons have the same chemical shift. The F nucleus will split the signal into a doublet. The two equivalent CH_2 protons will then split *each line* of the doublet into a triplet $(2x2x/_2 + 1 = 3)$. The CH₂F protons therefore give rise to a doublet of triplets in the spectrum.

The CH₂ protons will be coupled to the CH₂F protons, the F nucleus, and the CH₃ protons. The peak will be split into 4 by the CH₃ protons ($2x3x/_2 + 1 = 4$); each of these four peaks will be split into two by the F nucleus, giving 8 peaks; and each of these 8 peaks will be split into three through coupling to the CH₂F protons: there will be 4x2x3 = 24 peaks in total (note that there is no splitting due to coupling between the CH₂ protons because these have the same chemical shift).

Finally, the \mbox{CH}_3 protons will give rise to a triplet through spin-spin coupling to the \mbox{CH}_2 protons.

The relative peak intensities can be determined using successive applications of Pascal's triangle, as described above.

5. In general, spin-spin couplings are only observed between nuclei with spin-½ or spin-1. Nuclei with I > 1/2 (e.g. CI, Br) have nuclear electric quadrupole moments in addition to magnetic dipole moments. The reason that couplings involving these nuclei are often not observed is that quadrupole interactions with molecular electric field gradients provide a fast relaxation pathway, which means that other nuclei only ever 'see' these quadrupolar nuclei in their ground spin state (i.e. the nuclei are effectively *decoupled*). To understand the factors that determine whether or not coupling will be observed to such nuclei requires a little bit of theory about quadrupole interactions. The Hamiltonian matrix element for this interaction is $\langle I | \mathbf{Q} | I \rangle$, where I is the nuclear spin quantum number and \mathbf{Q} is the quadrupole coupling operator, given by

$$\mathbf{Q} = \frac{e \ Q}{2I \ (2I - 1)} \mathbf{V}$$

where e is the electronic charge, Q is the nuclear quadrupole moment, and **V** is the electric field gradient at the nucleus of spin I. From this expression, we can see that the nuclear quadrupole interaction, and therefore the rate of quadrupolar relaxation, depends on both the nuclear quadrupole moment and the electric field gradient at the nucleus. If the quadrupole moment is small, which is true for nuclei such as deuterium (²H) and ¹⁴N, both of which have spin 1, then coupling to the nucleus will often be observed. Even in nuclei with larger quadrupole moments, coupling is sometimes seen if the electric field gradient **V** at the nucleus is small. The field gradient reflects the anisotropy of the molecular electric field gradient can be small enough so that upper spin states survive long enough to couple to other magnetic nuclei in the molecule. This is the case for the ¹¹B nucleus in molecules such as BH₄⁻ and BF₃. The boron is positioned at the centre of the molecule and experiences a fairly symmetrical field, with small field gradients at the nucleus. It also has a fairly small nuclear quadrupole moment, and coupling to ¹¹B is usually observed in this type of molecule. In contrast, nuclei such as CI and Br, both having spin 3/2 (in either of the two naturally occurring isotopes for each nucleus), are almost never involved in spin-spin coupling. These atoms are bound to just one other atom in a molecule; they are therefore found on the periphery of molecules, where the molecular fields are highly anisotropic and field gradients are large.